

# 2020 Sacramento Go Red for Women Luncheon

Presented by Sutter Heart & Vascular Institute

**Friday, May 15th from 12-1PM**

The health and wellbeing of our community is our top priority. That's why we are taking Go Red virtual and bringing the luncheon to YOU! So wear your best red, grab your lunch and join us as we continue to have vital conversations around women's heart health and raise critically needed funds for the fight against the number 1 killer of women—cardiovascular disease.

## The Schedule

We are planning a fun and engaging virtual luncheon experience on Friday, May 15th from 12-1PM. Highlights include:

- High energy and empowering speakers
- Powerful story from a local survivor
- Yoga & dance breaks
- Breakout session presented by Dr. Urmi Patel
- Heart healthy family trivia with Dr. Reetu Sharma
- Keynote presentation from Dr. Sonya Raghavan with Sutter Heart & Vascular Institute



Register today at: [https://heart.zoom.us/webinar/register/WN\\_i9UvHlw2RU-9luRrEAqWjQ](https://heart.zoom.us/webinar/register/WN_i9UvHlw2RU-9luRrEAqWjQ)



## Show us your RED

15 minutes before we kickoff the luncheon, we will be sharing some photos on our Social Media wall. Show us your RED by posting your photos to Facebook or Instagram! Make sure you tag **#SacGoRed** and watch your post appear at the virtual event.

## Thank you to our Top Sponsors

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## Open Your Heart

The mission of the AHA is to be a relentless force for a world of longer, healthier lives. Now more than ever, survivors need the American Heart Association as reports show that those who have heart disease or survived a stroke may be more vulnerable to COVID-19 with a mortality rate of 2-3 times higher than the general population. If you are able, we will offer the opportunity to make a 100% tax deductible donation to fund education and research for the next breakthrough in heart and stroke health. Open Your Heart and support the fight against this silent killer that is taking the life of one woman every 80 seconds. These life-saving gifts will dramatically impact the mission of the American Heart Association and the Go Red for Women campaign by providing invaluable education and research for heart disease and stroke.

## Executive Leadership Team

### CHAIRPERSON

Tom Rhodes, Sutter Health

Beth Broome, UC Davis

Todd Haines, Golden 1 Credit Union

Michelle Hallsten, Greenberg Traurig

Glenn Hamburg, Western Health Advantage

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